



FLÄDIE MAT & VINGÅRD ´S ACTIVITIES

WINE TASTING

Join us on a tour through our vineyard, and take part of the philosophy that forms the ground of our cultivation and wine making. Try four different wines from our winery under the guidance of our experienced sommelier.

Minimum number: 10

Price: 345 sek / person, incl. wine

WINE TASTING MINGLE

Mingle while our sommelier presents two selected wines - a relaxed and easygoing way to start the evening!

Minimum number: 10

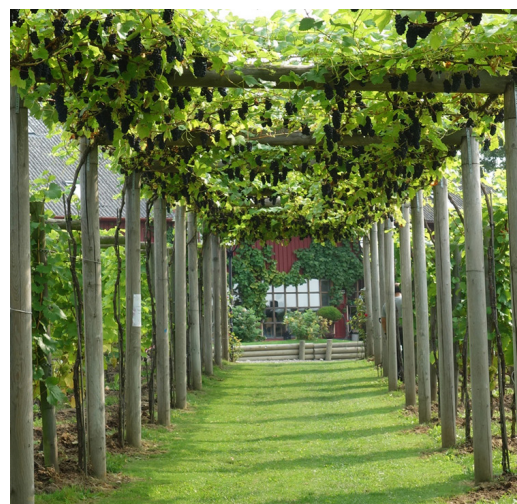
Price: 265 sek / person, incl. wine

TOUR OF THE VINEYARD AND WINE PRODUCTION

Book a tour of our vineyard and winery. We walk through the vineyard talking about growth, weed control, pruning and harvest. We then continue to the winery where our wines are resting in oak barrels and steel tanks.

Minimum number: 10 personer

Price: 135 sek / person



ACTIVITIES ARRANGED BY OUR PARTNERS

These activities
are arranged by
our partners,
and booked on
request!

DA VINCI 'S BOX

A tool for developing group dynamics in the format of "Escape Room". In a nerve-racking battle against the clock, the challenge is to open a safety box before the time runs out. Each team gets its own locked box, containing another five locked boxes. You will solve puzzles and crack codes to get closer to the goal, finding the final code for the safe. Problem solving, communication, creativity and logical thinking are put to the test. The group's different competencies and ability to work together are a prerequisite for solving the task. The only way to open the box, is to think outside the box.

Minimum number: 10

Time: 1-1,5 hour

Price: 590 sek / person

URSPÅRAT / OFF TRACK

Do you recognize the roads, the nature, or can the clues make you guess the place? We are inspired by a classic Swedish immensely popular TV show, broadcasted since 1987. The teams compete in guessing where we are going, and the faster you find the answer the more points you earn. Questions related to the sites will be answered but other bonus questions may arise.

Minimum number: 10

Time: 1-1,5 hour

Price: 637 sek / person

ROCKET SCIENCE

In Rocket Science, the teams will build a water rocket that sends an egg 30 m up in the air, where the challenge is to keep the egg undamaged as it lands. With limited material, the participants will construct a working rocket and build a device that protects the egg from breaking. In the dramatic ending the team's constructions get to confess color. Rocket Science is a fantastically fun team exercise for large and small groups where creativity is in focal point when you develop communication and group dynamics.

An entertaining way to get to know each other's knowledge and qualities.

Minimum number: 10

Time: 1,5 hour

Price: 590 sek / person

MURDER MYSTERY

Everyone is a suspect - one is guilty. Experience an evening in true detective spirit while enjoying a three-course dinner. Each participant gets their own character with their own clues and their own missions to be performed during the dinner. During the evening, there are constantly new initiatives with blackmail, slander, buying and trading. It is important to find out as much information as possible to be able to figure out who the killer is. The dinner is guaranteed to be a success with many laughs. Dinner is not included.

Minimum number: 10

Time: 3 hours

Price: 345 sek / person

BEST MASTER - CHALLENGE FOR MUSCLES AND BRAIN

In this exciting and fun competition that takes place on the beach, you duel against each other in teams in different physical and mental challenges. Here, strengths and weaknesses are measured in everything from pipe relay and hunter's rest to various thoughts and memory exercises. In the end the finalists are faced with an exciting night duel. The winners receive the coveted title of Best Master. Best Master is a competition where participants are put to the test in team spirit, perseverance and strategy.

Minimum number: 12

Time: 1-2 hours

Price: 662 sek / person

SING YOURSELF HAPPY

Take your colleagues on a musical adventure - no singing skills required. Angelica Alm, known from music programs on TV, joins you for a guaranteed different and highly memorable activity during your conference. Find courage and sing joyfully together under the experienced guidance of Angelica.

Minimum number: 15

Time: 2 hours

Price: 625 sek / person



YOGA SLOW

The activity is led by Linda Sjöholm, owner of Highersence Sweden and Hot Yoga Studio in Lomma. Yoga Slow is a form of yoga where soft but still active movements with focus on shoulders, back and neck, are combined with a comfortable deep relaxation and guided final meditation.

Linda talks during the class about what yoga is, but can also present it as a certain "theme" or "message" if you so desire. One theme can be, for example, "flexibility in times of change" which can be illustrated through yoga exercises.

Minimum number: 12

Time: 1 - 1,5 hours

Price from: 690 sek / person



SEGWAY LOMMA

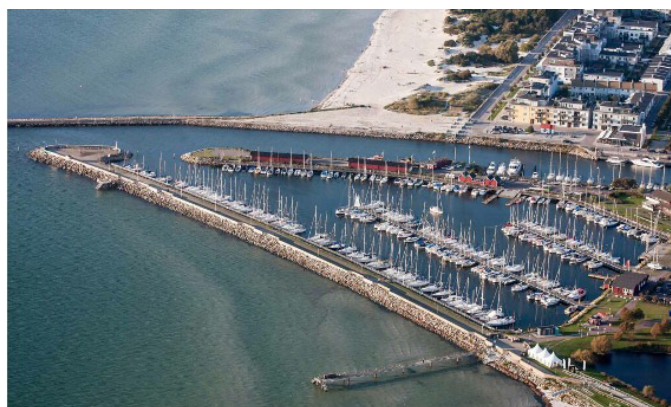
Starting by the blue café, passing through Lomma center, the instructor takes you to the harbour, out on the pier and back again along the coast. Before departure you will be carefully instructed so everyone feels safe.

Number: 6-25

Time: 60-80 minuter incl. instruction

Price: 360 sek / person

Transport to and from Lomma is not included.



MAGIC WORKSHOP – LEARN TO CONJURE LIKE A PRO!

Now you and your colleagues have the chance to enter the magical world of card arts, and be a part of it! Multiple award-winning magician Fredrik Ahlbertz, shares for an hour his very best secrets. Let yourself be amazed and bring your new skills home to amaze friends, colleagues and family. The workshop begins with a close-up show by Fredrik and thereafter he leads you in a hands-on session where the team is divided into smaller groups.

Minimum number: 10

Time: 1 hour

Price: 455 sek / person



Flädie
MAT & VINGÅRD